



COMPETITION TEAM


SEASON PACK

25

—

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# INDEX

A group of cheerleaders in blue and white uniforms are cheering with their arms raised. The background is a solid purple color. The word "INDEX" is written in large, white, outlined letters at the top of the image.





WHO ARE

# ROYALS

## ALLSTARS?

Welcome to Royals AllStars, we are excited for you to join us for our 2025 – 2026 season!

Royals was founded in 2012 by university friends Amber and Al who developed a love for cheer whilst studying at Royal Holloway university – and so our namesake of ‘Royals’ was born!

Now, thirteen years on, our ‘Royal Family’ has grown to be the program it is today and is stronger than ever – with a fantastic team of dedicated and talented staff, our club and our athletes are able to progress and thrive, within their teams but also as individuals.

At Royals, we know that cheerleading is more than just a sport – it is a vessel for **developing confidence, promoting resilience and facilitating self-motivated, independent learning.** We believe in teams that develop friendship and trust, alongside fitness, flexibility and stamina.



We want every one of our members to **love, learn and grow** whilst practicing our sport, and we look forward to having you experience this with us this season.





WHAT ARE

# TRYOUTS?

One of the fantastic things about cheer is that it is accessible to all ages and abilities. From complete beginners to experienced cheerleaders or former competitive gymnasts, our tryouts provide opportunities for everyone.

**Tryouts will include a warm up, stretching and conditioning, dance, stunting and tumbling (aside from non-tumble).**

There is no requirement to be able to achieve certain skills, tryouts are just a chance for us to assess where each athlete is currently at with their progress and allocate them a team accordingly.



## COSTS

Tryouts cost **£15 per athlete** per session, paid at time of booking.

## SCHEDULE

See spreadsheet on the next page.

## VIDEO TRYOUTS

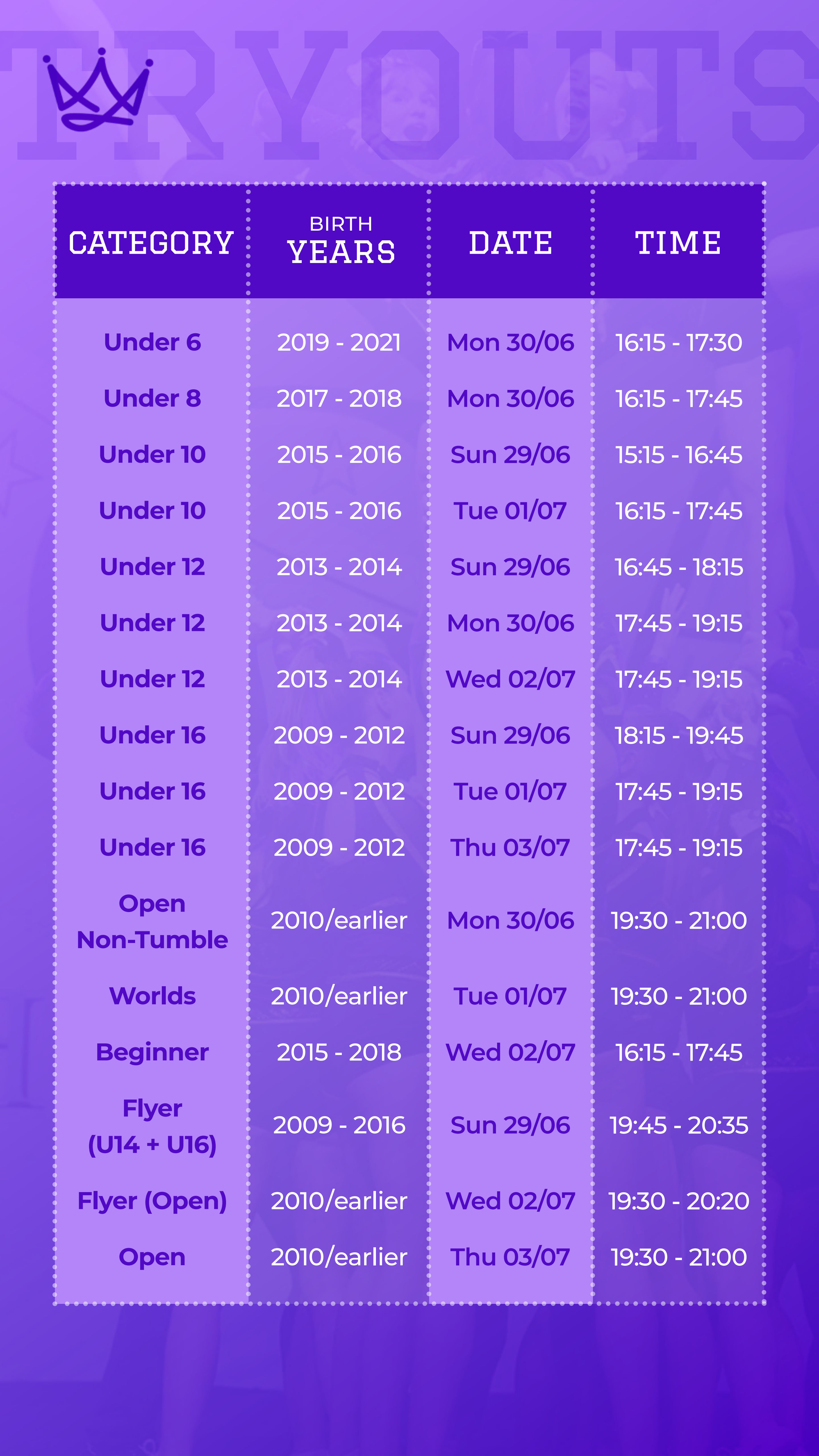
Video tryouts are available for those who cannot attend tryouts.

Please send an email to:  
**[royalscheerleadingclub@gmail.com](mailto:royalscheerleadingclub@gmail.com)**  
to request further information.

**Video tryouts will cost £15** and must be submitted by Thursday 3<sup>rd</sup> July.

In person tryouts are preferred and allow a much better understanding of each athlete, so please attend in person if at all possible.





CATEGORY	BIRTH YEARS	DATE	TIME
Under 6	2019 - 2021	Mon 30/06	16:15 - 17:30
Under 8	2017 - 2018	Mon 30/06	16:15 - 17:45
Under 10	2015 - 2016	Sun 29/06	15:15 - 16:45
Under 10	2015 - 2016	Tue 01/07	16:15 - 17:45
Under 12	2013 - 2014	Sun 29/06	16:45 - 18:15
Under 12	2013 - 2014	Mon 30/06	17:45 - 19:15
Under 12	2013 - 2014	Wed 02/07	17:45 - 19:15
Under 16	2009 - 2012	Sun 29/06	18:15 - 19:45
Under 16	2009 - 2012	Tue 01/07	17:45 - 19:15
Under 16	2009 - 2012	Thu 03/07	17:45 - 19:15
Open Non-Tumble	2010/earlier	Mon 30/06	19:30 - 21:00
Worlds	2010/earlier	Tue 01/07	19:30 - 21:00
Beginner	2015 - 2018	Wed 02/07	16:15 - 17:45
Flyer (U14 + U16)	2009 - 2016	Sun 29/06	19:45 - 20:35
Flyer (Open)	2010/earlier	Wed 02/07	19:30 - 20:20
Open	2010/earlier	Thu 03/07	19:30 - 21:00





ANTICIPATED

## PREP

Under 6

Under 8

Under 10

Under 12

Under 16

## ALLSTAR

Under 8 Level 1

Under 10 Level 1

Under 12 Level 1

Under 12/14 Level 2/3

Under 14 Level 1

Under 16 Level 2/3

Open Level 1

## NON-TUMBLE

Open Level 2/3

Open Level 4

## TRAVEL

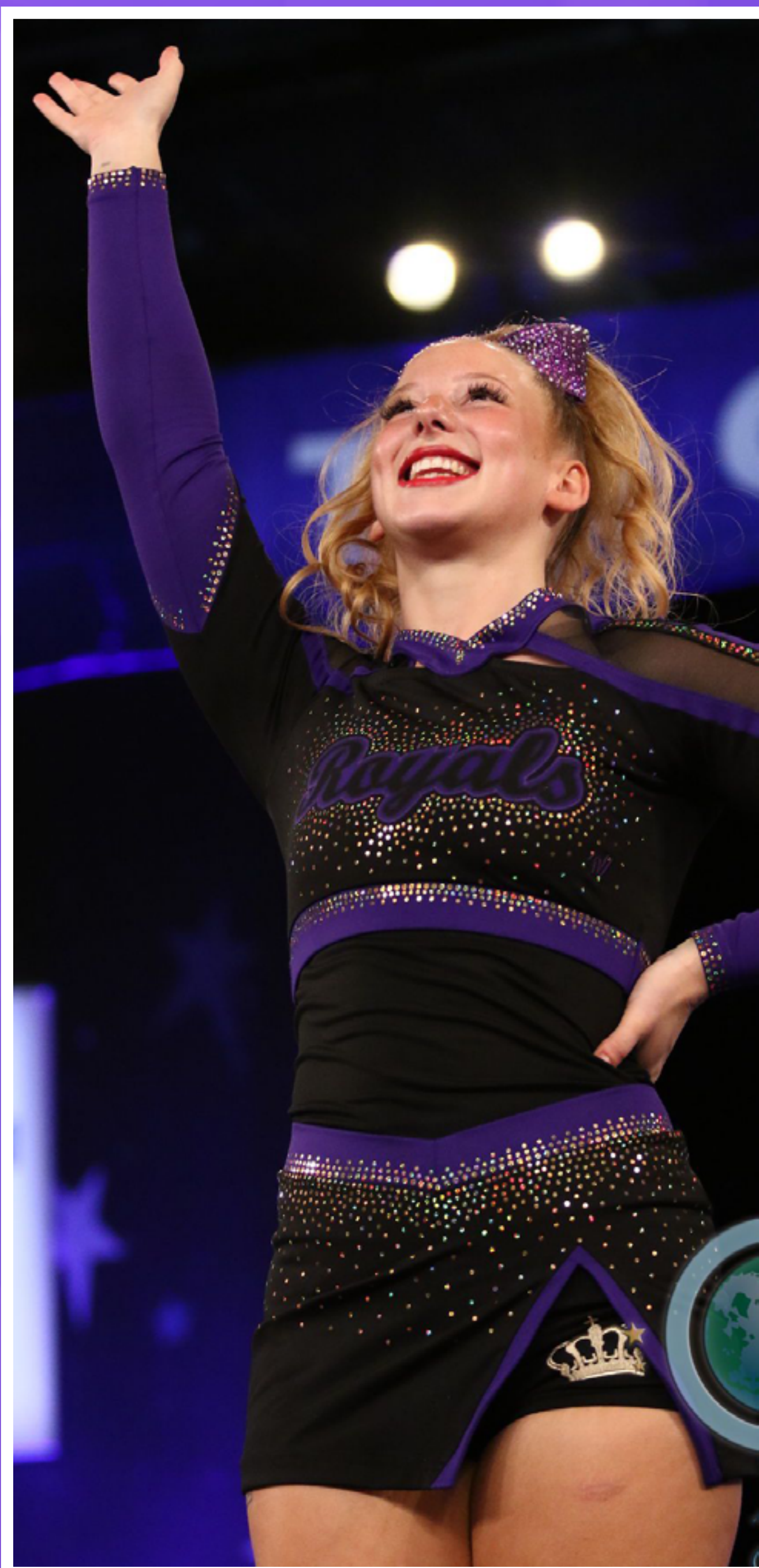
Prep Under 16 Level 1 Small - Prep Grand Nationals

Under 16 Level 1 - European Summit

Level 5 Open Coed - Worlds

TBC - AIA Global Gathering

# TEAMS /LEVELS







# COMP/SHOWCASE DATES

All teams will attend both showcases. Most competition teams will attend 4/5 competitions from the list below, not every competition.

COMP	DATES	PLACE
Winter Wonderland	6 <sup>th</sup> - 7 <sup>th</sup> Dec	Essex
Christmas Showcase	14 <sup>th</sup> Dec	Surrey
Legacy Just Believe	7 <sup>th</sup> - 8 <sup>th</sup> Feb	Wembley
Legacy Dream Extreme	14 <sup>th</sup> - 15 <sup>th</sup> Mar	Birmingham
FC Champions send off*	11 <sup>th</sup> - 12 <sup>th</sup> Apr	Stoneleigh
ICE Blast	9 <sup>th</sup> - 10 <sup>th</sup> May	Crawley
Summer Showcase	17 <sup>th</sup> May	Surrey
BCA Nationals	23 <sup>rd</sup> - 24 <sup>th</sup> May	Telford
Essentials Nationals	6 <sup>th</sup> - 7 <sup>th</sup> Jun	Stoneleigh
Jamfest Europe	6 <sup>th</sup> - 7 <sup>th</sup> Jun	Manchester
FC Nationals	26 <sup>th</sup> - 28 <sup>th</sup> Jun	Bournemouth

\*Platinum only.



ANTICIPATED

# TRAINING SESSIONS

**Full schedule to be announced after tryouts.**

**Prep teams** should expect one compulsory and one optional session per week. In the lead up to competitions, both weekly sessions are compulsory.

**Allstar teams** and **Travel teams** should expect two compulsory sessions per week.

## EXPECTATIONS

Joining a competition team is a commitment.

Unauthorised absence at compulsory training is not permitted.

Royals will expect athletes to stretch, condition and practice routine counts outside of training times.

We offer generous holiday closures and expect athletes wishing to take holidays during the season to use these times.





HOLIDAY

# DATES

Regular classes will stop during the following dates (inclusive):

EVENT	DATES
October Half Term	25/10/25 - 01/11/25
Christmas	20/12/25 - 03/01/26
February Half Term	14/02/26 - 21/02/26
Easter	02/04/26 - 05/04/26
Worlds Closure	18/04/26 - 29/04/26
May Half Term	25/05/26 - 30/05/26







# TRAVEL

TEAMS





THE CHEERLEADING

WORLDS

ORLANDO, FLORIDA  
25<sup>TH</sup> - 27<sup>TH</sup> APRIL 2026

We are planning to return to Worlds after an amazing first trip this season with **Platinum**, our Level 5, International Open Coed team!

The ultimate achievement in cheerleading and a trip guaranteed to be full of memories of great cheer, Disney and so much more!

Estimated cost £1800 - £2500 (dependant on sponsorship and fundraising).

Estimated travel dates 17<sup>th</sup>/18<sup>th</sup> - 30<sup>th</sup> April.

TRAVEL



EUROPEAN

SUMMIT

LISBON, PORTUGAL  
20<sup>TH</sup> - 21<sup>ST</sup> JUNE 2026

We currently hold one  
bid for this new event:

**U16 Level 1**

We will be attending this event with our  
**Under 16 Level 1 team, Eminence.**

Athletes wishing to be considered for this  
team will need to show interest during the  
tryout booking process.

Estimated cost £500 - £700.

Estimated travel dates 19<sup>th</sup> - 21<sup>st</sup>/22<sup>nd</sup> June.

TRAVEL





AIA GLOBAL

# GATHERING

MONTREAL, CANADA  
16<sup>TH</sup> - 19<sup>TH</sup> JULY 2026

We currently have three bids  
for this new event:

**U16 Level 1**

**U16 Level 2**

**Non-Tumble Level 4**

Subject to cost and demand, we will  
aim to take one or two 'travel only'  
teams to this new competition, with  
**weekly training starting in Jan 2026.**

Tryouts for this specific competition  
will be in Autumn/Winter 2025.

Estimated costs and further info  
TBC by the Event Provider.

# TRAVEL



PREP GRAND

# NATIONALS

ORLANDO, FLORIDA  
25<sup>TH</sup>-26<sup>TH</sup> APRIL 2026

We currently have one bid  
for this new event:

**Junior Prep Level 1**

We will be attending this event with our  
**Small Prep Level 1 team, Diamonds.**

Athletes wishing to be considered for this  
comp will need to show interest during the  
tryout booking process.

Estimated cost £1500 - £2000 (dependant  
on sponsorship and fundraising).

Estimated travel dates TBC - 28<sup>th</sup> April.

# TRAVEL





ANTICIPATED

# COSTS

**Training fees:** £50 - £80 per month (11 months)

**Membership:** £80\*

**Uniform:** £180 - £220 (estimated)

**Comp entry:** £35 - £65 per competition

**Shoes:** £70 - £90

Crossover fees + comp entry - if you compete on a 2<sup>nd</sup> cheer team within Royals, **fees are reduced by 50%.**

Crossover competition entries are typically around £20 cheaper per comp.

\*includes routine music, 2x t-shirts, insurance, Summer Ball ticket.





ADDITIONAL

# CLASSES



## FLYER PRIVATES

These sessions allow flyers to work on technique and confidence whilst flying on experienced bases or members of the coaching staff. Sessions are **£17.50 for 30 minutes**, with a maximum class size of two.





ADDITIONAL

# CLASSES

## TUMBLE DEVELOPMENT CLASSES

These small group sessions allow athletes to work on levelling up within the season or for the following season. Coached by experienced coaches, athletes will learn the shaping and conditioning needed and progress through drills in order to achieve higher level tumbling.



## TUMBLE PRIVATE

With a maximum class size of two athletes, tumble privates allow dedicated coaching for athletes to improve and progress their tumbling whilst gaining direct feedback and technique help. Tumble privates cost **£14 for 45 minutes.**





## CHEER WEAR

# SHOES

All Royals competitive athletes must purchase the same shoes.

**Cost £70 - £90.**

A shoe sizing and ordering day will be organised at the gym. Orders here will benefit from free returns and replacement for damage.

Please do not guess and order black cheer shoes, as you will still be asked to purchase the correct ones if you guess wrongly.

# UNIFORM

We will be having a new programme uniform for the 2025/2026 season. This will be kept for three seasons. We anticipate a cost for uniform and bow of **£180 - £220.**





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